

Rotary Reports on Recently Held Meeting

The Rotary Club of Eagle Lake held their club meeting on Wednesday December 9, at 7:15 a.m.

The coffee has improved very much. However, the singing needs a bit of work.

Needless to say, American Idol won't be looking for contestants at our Rotary club.

Awhile back, while the members sang, "Home on the Range" a coyote howled one time and ran away.

Program Director Reverend

Kevin Collison engaged the members in a discussion about how many benevolent organizations think that just throwing money at a problem will solve it.

Collison reported on how a program to wipe out Malaria went awry because the mosquito nets that were purchased and donated were then sold as fishnets.

There are numerous reports of unscrupulous operatives in foreign countries taking the money donations for their own private use or taking the food, clothing or other items and selling them

on the black market.

The question arose inquiring as to whether or not Rotary programs suffer the same fate.

Probably not as Rotary programs are structured in such a way that Rotary volunteers actually give the shots, in the case of the Polio Plus program, drill the wells, in the case of the clean water program and it's pretty difficult to sell the shots once they are given or the wells once they are in place.

Next week, the club president will present a program regarding the H.A.A.R.P. project. <http://www.haarp.alaska.edu/> The HAARP Project is rumored to be

the "Doomsday Weapon" and some say it went haywire during testing and caused the tsunami that killed over 250,000 people awhile back.

The members were reminded of the Chamber of Commerce Christmas Mall and parade and all were encouraged to support the effort.

The Rotary Club of Eagle Lake now extends an open invitation to the citizens of Eagle Lake to join them for coffee and pastries at 7:00 a.m. on Wednesdays at the Community Center.

An RSVP to eaglelakerotary@hughes.net would be appreciated and insure the availability of enough coffee and pastries.

How To Avoid Foreclosure On Your Home

It might not be the buzz-worthy topic it was a year ago, but the foreclosure crisis in the United States has continued to hit homeowners.

With between four and five million mortgages in America already in default, roughly one in eight American homeowners are showing signs of default and missing payments.

But with some helpful tips and quick, decisive action, homeowners might be able to avoid the unthinkable.

Here are some ways to avoid foreclosure.

Deal With Your Lender Now

Wait too long and you'll have few viable options.

By calling your lender and tracking down the loan modification or foreclosure department, there's a far greater chance of finding some sort of solution.

Start by inquiring into modifying your loan. You might be able to move your debt to the end of the loan's life or temporarily lower interest rate and payments until your financial situation rebounds.

While a number of lenders are envisioned as faceless companies, there is the possibility of some negotiation.

Find Equity in Your Home

By establishing what kind of market value your home might have, factoring in any liens placed on it and the costs of sale, you can find out if your home is even worth saving.

Once you've calibrated all these factors, not to mention your own emotional attachment to the home, you may find that selling could be a reasonable alternative to foreclosure.

Manage Your Loan Yourself

Now that Americans are beginning to learn more about the lending industry, some companies have unveiled products to help users assess the risk of defaulting on their mortgage while empowering them to resolve their mortgage issues and modify their own loans.

Other Ways to Stop Foreclosure

Complicated as the lending industry can be, there are some helpful nuggets of information that not everyone knows about. For example, active military personnel and their families are actually protected from foreclosure. Bankruptcy can also immediately stem the foreclosure tide, but not without significantly hurting future credit.

There is also the chance to see if the foreclosure itself is defective. If you're willing to consult an attorney, you can find if your loan violated any laws or was subject to certain filing errors.

"While some state and federal government officials are looking to fix the foreclosure crisis in the long term, homeowners can take a few small steps now towards avoiding the problem entirely," points out Andrew Kardish, chairman of We Save Homes, Inc.



Marv Ulbricht Attends TFB Convention in Fort Worth

One voting delegate from Colorado County Farm Bureau recently participated in the 76th annual Texas Farm Bureau convention December 5 - 7 held in Fort Worth.

Voting delegate: Marv Ulbricht.

Policies directing the state's largest farm organization were adopted by more than 1200 delegates from 207 organized Farm Bureaus.

Approved recommendations on national policies will advance to the American Farm Bureau federation annual meeting to be held in January in Seattle, WA.

Addressing the delegates were Kenneth Dierschke of San Angelo, TFB president and Vernie Glasston, TFB executive director.

The business session covered the final day of the meeting.

The last order of business was the election of the president, Kenneth Dierschke of San Angelo.

The voting delegate representing the Colorado County Farm Bureau at the 76th annual Texas Farm Bureau convention in Fort Worth December 5-7 was: Marv Ulbricht.

Tips To Avoid The Flu This Season

Do you cough without covering your mouth while standing in the lunch line?

Or sneeze loudly into the air when squeezed onto the morning bus?

Nearly all Americans (96 percent) have seen people do things like this, and a shocking three quarters say they are guilty themselves.

Even with heightened concerns during this year's flu season, Americans admit that sleeves are a fine substitute for tissues: one in four wipes his or her nose on them.

One in ten is even more gross: skipping sleeves altogether in favor of hands to wipe his nose and then extending for a handshake or

Continued on page 6

CDA Reports on Meeting

Catholic Daughters Court Our Lady of the Rosary #1595 held their monthly meeting on Tuesday, December 8, at St. Mary's Parish Hall in Nada.

The meeting was called to order by Regent, Bernita Korenek. Secretary, Virginia Pavlovsky, Treasurer, Marilyn Popp, and Financial Secretary, Leona Brzozowski, gave their reports. Committee members who were present also gave their reports.

Members were reminded that dues for 2010 are due on January

1. Dues are now \$25.00.

Donations for Christmas pointsettias are still being accepted. Anyone wishing to donate may leave the donation at Nada Grocery.

After the meeting, Christmas cheer baskets were prepared for the sick, shut-ins, and elderly members of the community.

A Mass will be offered for their intentions on December 20.

The next meeting will be held on January 12, 2010.

Lions Club Informs the Public Groups Local Activities

The Eagle Lake Lions Club meets every Thursday at noon at the Community Center.

The meetings consist of a buffet meal, and a program that will cover an interesting topic each week.

The club is made up of a group of people who share a common interest to serve our community and to honor the Lions motto "we serve".

More than 1.4 million men and women in 193 countries represent the world's largest service organization.

Some of the benefits for members of the Lions Club; a.) Pride in serving the community, b.) Personal growth and leadership opportunities through mentoring and training programs, c.) Networking with people who share a common interest and, d.) Fellowship.

Local Lions Club projects include Rice High School scholarships, Little League baseball, The Eagle Lake Volunteer Fire Department, The Eagle Lake Lighthouse, The Rice Medical Center Volunteers, The Eagle Lake Summer Reading Program, as well as supplying manpower for the local Food Pantry.

State and nationwide projects the local club helps to support are: a.) The Texas Lions Camp for children, b.) Children's eyeglasses, c.) The Lighthouse for the Blind, d.)

A subscription makes the great stocking stuffer.

We're Online at www.eaglelakeheadlight.com.

We Now Accept Credit Cards

Pharmacy & Your Health

EAGLE LAKE DRUGSTORE

Steve K. Balas, RPh

702 South McCarty • Eagle Lake • 234-2502

• Patient Counseling • We Accept Master Card, VISA, Discover & American Express

• Insurance Plans: Blue Cross, NPA, PCS, Pro-Serve, Sanus, PAID, Texas Medicaid

24 Hour Emergency Phone: 234-3834

Ulcerative Colitis is Treatable

Ulcerative colitis is a chronic inflammation of the colon. Bloody diarrhea is a common symptom. Others include weight loss, constipation, and abdominal tenderness. Persons affected by this condition typically experience alternating periods of exacerbations of symptoms and remissions without symptoms. The condition is usually classified as mild, moderate, severe, or fulminant. The mild form of the condition is characterized by less than 4 stools per day with or without bleeding, while fulminant ulcerative colitis is characterized by more than 10 bowel movements per day with continuous bleeding. A colonoscopy can be used for diagnosis.

Treatments are available to alleviate symptoms and aim to maintain symptom-free remission. For mild to moderate forms, oral treatment options include aminosalicylate drugs, such as sulfasalazine (*Azulfidine*), olsalazine (*Dipentum*), mesalamine (*Asacol*, *Pentasa*), and balsalazide (*Colazal*). These drugs inhibit enzymes that in turn inhibit production of proinflammatory substances, thereby alleviating colitis symptoms. Mesalamine and hydrocortisone are available as topical treatments in the form of enemas, foams, and suppositories for the treatment of ulcerative colitis. Oral and topical treatments may be combined for a more effective therapy.

Isidoro and Antonia Ramirez
60th Wedding Anniversary
December 17, 2009

One by one each year flew by, since you both said, "I do..." 60 years of memories, shared by the two of you. From big events and holidays to simple daily pleasures, some tearful times along life's way, some joys that can't be measured.

One by one each year now gone, but still they're yours forever, each and every memory, of sixty years together!

Congratulations Mom and Dad!
With God's Love and Blessing,
Gilbert, Suzanne, Berta, Orlando and Families

KC's Simple Simon's...

Buffet

Mon. - Fri.

11 a.m. to 1:30 p.m.

Tuesday Night

5 to 8 p.m.



Call Ahead For Dine-In or Carry Out

979-234-6680

Now Serving Fried Chicken w/ all the trimmings

Monday - Thursday 11 a.m. to 9 p.m.

Friday 11 a.m. to 10 p.m.

Saturday 11 a.m. to 9 p.m.

Sunday 11 a.m. to 7 p.m.

222 E. Main Street • Eagle Lake

Wharton County Junior College is GOING GREEN with its *continuing education* schedule booklet.

Beginning this spring, the course booklet will no longer be mass mailed to homes.

It will be posted on the college's webpage at wcjc.edu.

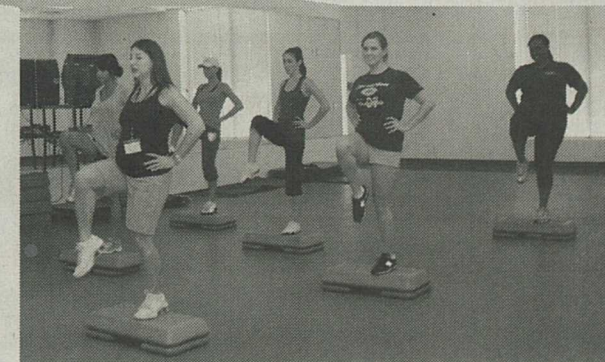
We have a program for everyone!

Enhance your skills. Receive a certification. Take a class for fun.



Business and industry can also benefit from our customized employee training programs.

Start Smart in the new year with a Continuing Education course at WCJC!



Learn more about an array of courses, including but not limited to:

- Child Development
- Concealed Handgun
- College Course Preparation
- Computer Technology
- Emergency Medical Services
- Fitness
- Healthcare Professions
- Motorcycle Safety
- Office Training
- Personal Enrichment
- Professional Development
- Programs for Senior Citizens
- Small Business Development
- Test Preparation
- Tax Preparation

AFFORDABLE & CONVENIENT SHORT TERM TRAINING
ONLINE or CLASSROOM TRAINING

LEISURE LEARNING • CAREER DEVELOPMENT • CUSTOMIZED CORPORATE TRAINING

Four Campus Locations Near You!
Wharton • Sugar Land • Richmond • Bay City

1-800-561-WCJC (9252) • wcjc.edu

WCJC is an E.O.E. institution.

32nd Annual Cattleman All Breed Bull Sale

**January 9, 2009
12:00 Noon
El Campo Livestock Co.**

Selling 125 Fertility Tested Bulls

**Charolais Sim-Angus
Brangus Angus
Hereford Simmental**

Also selling a select group of replacement females

For more information:
www.cattlemanbullsale.com

903-850-3449

903-452-5622

Kelly Conley Lic. 9558
Adrian Knight Lic. 11102